

EBEN ALEXANDER III MD

LONG BIO

Dr. Eben Alexander spent over 25 years as an academic neurosurgeon, including 15 years at the Brigham & Women's Hospital, the Children's Hospital and Harvard Medical School in Boston. Over those years he personally dealt with hundreds of patients suffering from severe alterations in their level of consciousness. Many of those patients were rendered comatose by trauma, brain tumors, ruptured aneurysms, infections, or stroke. He thought he had a very good idea of how the brain generates consciousness, mind and spirit.

In the predawn hours of November 10, 2008, he was driven into coma by a rare and mysterious bacterial meningo-encephalitis of unknown cause. He spent a week in coma on a ventilator, his prospects for survival diminishing rapidly. On the seventh day, to the surprise of everyone, he started to awaken. Memories of his life had been completely deleted inside of the coma, yet he awoke with memories of a fantastic odyssey deep into another realm – more real than this earthly one! His older son advised him to write down everything he could remember about his journey, before he read anything about near-death experiences, physics or cosmology. Six weeks later, he completed his initial recording of his remarkable journey, totaling over 20,000 words in length. Then he started reading, and was astonished by the commonalities between his journey and so many others reported throughout all cultures, continents and millennia. His journey brought key insights to the mind-body discussion and to our human understanding of the fundamental nature of reality. His experience clearly revealed that we are conscious *in spite of* our brain – that, in fact, consciousness is at the root of all existence.

His story offers a crucial key to the understanding of reality and human consciousness. It will have a major effect on how we view spirituality, soul and the non-material realm. In analyzing his experience, including the scientific possibilities and grand implications, he envisions a more complete reconciliation of modern science and spirituality as a natural product.

He has been blessed with a complete recovery and shares his most powerful, life-changing story in his book, *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife* (2012), which debuted at #1 on the New York Times Bestseller list and remained in the top ten for over a year. His second book, *The Map of Heaven: How Science, Religion and Ordinary People are Proving the Afterlife* (2014),

explores humankind's spiritual history and the progression of modern science from its birth in the seventeenth century, showing how we forgot, and are now at last remembering, who we really are and what our destiny truly is. His third book, co-authored with Karen Newell, was released in 2017. *Living in a Mindful Universe: A Neurosurgeon's Journey into the Heart of Consciousness*, explains his journey and insights since his NDE, with suggested practices for individuals to use in order to reap the benefits of an awakening in their own personal lives. His story was featured in a series of peer-reviewed medical articles about near-death experiences (NDEs) in *Missouri Medicine* (2015), now published as the book *The Science of Near-Death Experiences* (edited by John C. Hagan III, 2017). It concludes with his chapter, "Near-Death Experiences, The Mind-Body Debate, and The Nature of Reality."

A graduate of the University of North Carolina at Chapel Hill, Dr. Alexander received his medical degree from Duke University School of Medicine in 1980. He taught neurosurgery at Harvard Medical School in Boston for fifteen years, and has performed over 4,000 neurosurgical operations. During his academic career he authored or co-authored over 150 chapters and papers in peer reviewed journals, authored or edited five books on radiosurgery and neurosurgery, and made over 230 presentations at conferences and medical centers around the world.

Since *Proof of Heaven* was released in 2012, he has been a guest on *The Dr. Oz Show*, *Super Soul Sunday with Oprah Winfrey*, ABC-TV's *20-20* and *Good Morning America*, FOX-TV's *FOX & Friends*, and his story has been featured on the Discovery Channel and the Biography Channel. He has been interviewed for over 400 national and international radio and internet programs and podcasts. His books are available in over 40 countries worldwide, and have been translated into over 30 languages.

Since his NDE, Dr. Alexander has dedicated himself to sharing information about near-death experiences and other spiritually-transformative experiences, and what they teach us about consciousness and the nature of reality. He continues to promote further research on the unifying elements of science and spirituality, and encourages people to be inspired by the power of unconditional love in their daily lives and in their work in their communities.

For more information: www.ebenalexander.com

EBEN ALEXANDER III MD

MEDIUM BIO

200-WORD BIO

After decades as a physician and teacher at Harvard Medical School and elsewhere, renowned academic neurosurgeon **Dr. Eben Alexander** thought he knew how the brain, mind, and consciousness worked. A transcendental Near-Death Experience (NDE) during a week-long coma from an inexplicable brain infection changed all of that – completely. Memories of his life had been completely deleted, yet he awoke with memories of a fantastic odyssey deep into another realm – more real than this earthly one!

Since his 2008 NDE he has been reconciling his rich spiritual experience with contemporary physics and cosmology. We are conscious *in spite of* our brain. By probing deeply into our own consciousness, we transcend the limits of the human brain, and of the physical-material realm. His story offers a crucial key to the understanding of reality and human consciousness.

A pioneering scientist and thought leader in consciousness studies, Dr. Alexander has been a guest on Dr. Oz, Oprah, and many other media programs. His most recent book, *Living in a Mindful Universe: A Neurosurgeon's Journey into the Heart of Consciousness*, (co-authored with Karen Newell) has garnered accolades from many scientists around the world who study the mind-body question and the nature of consciousness. His earlier books, *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife* and *The Map of Heaven: How Science, Religion, and Ordinary People Are Proving the Afterlife*, have collectively spent more than two years atop the *New York Times* and international bestseller lists. www.ebenalexander.com

EBEN ALEXANDER III MD

SHORT BIO

Eben Alexander, MD, was an academic neurosurgeon for over 25 years, including 15 years at the Brigham & Women's Hospital, Children's Hospital, and Harvard Medical School in Boston. He has a passionate interest in physics and cosmology. He is the author of the *New York Times* #1 bestseller *Proof of Heaven*, *The Map of Heaven* and *Living in a Mindful Universe*.

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